



# LINDEN PREDATORS

## Wrestling Club

### 2008 Season Registration



**Who:** Anyone age 5 through 14 as of December 31, 2007.

**When:** Thursday, November 8, 2007 and Wednesday, November 14, 2007 from 6:30 – 8:00pm.

**Where:** Linden High School Cafeteria

**Bring:** First year wrestlers **must** provide two (2) copies of their birth certificate at registration.

**Fee:** \$60 registration fee includes a Linden Predator T-shirt. (Discounts for multiple wrestlers from the same family: 2 wrestlers = \$100/3 wrestlers = \$140). Each registering family must write a \$25 check to the Predators which will be returned to you when you volunteer for our Novice tournament.

Practices will be held twice weekly on Tuesday & Thursday nights (starting Dec. 4, 2007) at the Linden HS wrestling room. Beginning wrestlers will practice from 6:00-7:00 pm and advanced wrestlers will practice from 7:00-8:30 pm. Expect practices to be **physically challenging**. Wrestlers will be in a structured, supervised environment where they will be instructed in wrestling technique appropriate to their skill level. We strongly emphasize self-discipline, technique development, fitness & good sportsmanship. Tournaments are held every Saturday & Sunday for 10 weeks beginning January 5, 2008 and ending with the State Finals on Sunday, March 9, 2008. Wrestlers can compete in as many (or as few) tournaments as they choose. A practice and tournament schedule will be provided at registration.

The 2008 season will be the 9<sup>th</sup> year for our program. We take pride in what the Predator's have accomplished in the past and look forward to more success in the future. We encourage you to become a part of the wrestling tradition being established in Linden. Please feel free to call us if you have any questions or visit our website at [www.lindenwrestling.com](http://www.lindenwrestling.com).

Contacts: Greg Freitas - Predator Head Coach 810-735-7283 (home)  
Deana Garcia - Predator Admin. 810-714-3083 (home)  
Todd Skinner - LHS Varsity Coach 810-591-9411 (Linden High School)

## ***“Linden Predator Wrestling - The Tradition Starts Here”***

**2000 – 55 Wrestlers, 2 State qualifiers, 0 Top 4 State placers**

**2001 – 79 Wrestlers, 13 State qualifiers, 4 Top 4 State placers**

**2002 - 87 Wrestlers, 13 State qualifiers, 4 Top 4 State placers, 1 State Champion**

**2003 - 80 Wrestlers, 11 State qualifiers, 2 Top 4 State placers**

**2004 - 70 Wrestlers, 15 State qualifiers, 4 Top 4 State placers, 2 State Champions**

**2005 – 70 Wrestlers, 16 State qualifiers, 6 Top 4 State placers, 2 State Champions**

**2006 – 72 Wrestlers, 19 State qualifiers, 9 Top 4 State placers**

**2007 – 56 Wrestlers, 11 State qualifiers, 5 Top 4 State placers**

**2008 – Where will you be?**

“The sport of wrestling truly prepares you for the rest of your life, because our sport teaches you the “lessons of life”. What are these lessons of life that our great sport teaches you? I suppose they are infinite, but allow me to pinpoint a few: Intensity, Focus, Discipline, Goal Setting, Determination and Perseverance. To be successful on the mats, in school or in the work place you must have these characteristics and wrestling teaches you these characteristics better than any other sport.”

Ken Chertow - 3x All-American at Penn State, World Champion, Pan American Champion and 1988 U.S. Olympian.